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## **DFES General Circular No: 53/2015**

### **PEER SUPPORT PROGRAM LAUNCH**

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Attending a particularly traumatic incident, relationship stress, busy lifestyles and major life events can have a profound impact on our ability to cope effectively and at times, some extra support is needed.

The Peer Support Program offers appropriate, individualised and confidential support that is easily accessible to all DFES employees, volunteers and their partners/families.

This support is provided through a network of nearly 60 trained Peer Support Officers who are available throughout the State across all services. Peer Support Officers have been trained to:

- Act as a point of contact for fire and emergency services employees, volunteers and their partners/families who are identified as needing, or who have requested, initial assistance;
- Provide practical and confidential support; and
- Offer information on how to engage with appropriate health and wellbeing services.

Peer Support Officer details (by region and by service) are available through:

- Station/brigade/group/unit/workplace noticeboards;
- [Intranet](#) or [Volunteer Portal](#) by clicking on the Peer Support Program page (under Wellness); or
- By contacting the Wellness Branch.

Peer Support Officers can be identified by wearing the DFES Peer Support lapel badge:



**WAYNE GREGSON APM**  
**COMMISSIONER**